

Dr. Lindsey Duncan



Dr. Lindsey has been in the nutrition and natural healthcare field for 25 years. He is recognized throughout the world as a true leader and pioneer and is responsible for helping improve the lives of hundreds of thousands of people. In 1982, Dr. Lindsey began studying with the legendary and distinguished detoxification expert Bernard Jensen, D.C., PhD. For several years, he spent much of his time assisting Dr. Jensen at his famous healing retreat in Escondido, California. Upon his certification by Dr. Jensen in many healing modalities and techniques, Dr. Lindsey completed his alternative health education with dual degrees in Nutrition and Naturopathy. Dr. Lindsey opened Home Nutrition Clinic in Santa Monica, California in 1985—a company world-renowned in the field of nutrition and natural health. His clients have included radiation victims of Chernobyl, as well as many of the world’s leading music, film and television celebrities, and political figures.

Dr. Lindsey has been highly sought after, with clients coming to his offices from all over the world, often waiting 12-18 months for an appointment. Dr. Lindsey has developed some of the most popular nutritional products in the world. He has received global acclaim, winning such awards as “Best Formulations” and “Most Effective Formulations.” In the 1990’s Dr. Lindsey created and built one of the fastest growing supplement companies that the Natural Products industry has ever seen. With his renowned and unmatched formulas, Dr. Lindsey established 4Health, Inc. and built the brand Nature’s Secret which experienced massive growth with Dr. Lindsey at the helm. As a successful entrepreneur and business man, Dr. Lindsey turned 4Health public and it became a hot commodity on the NASDAQ stock exchange. 4Health, Inc. possessed a market cap of over \$400 million at its highest point. With this success, Dr. Lindsey was eventually nominated as a finalist in Ernst & Young’s national Entrepreneur of the Year program in 1996. He was highly praised in the financial community for creating one of the fastest growing nutritional companies in the world.

Dr. Lindsey currently sits on several natural health boards and is a highly sought after public speaker and lecturer and belongs to multiple health organizations and foundations. He has traveled extensively in the United States and Europe with renowned motivational speaker Anthony Robbins, lecturing on health and nutrition issues and how they can improve the quality of life. Dr. Lindsey, along with Mr. Jung, is Genesis Secret’s financial backer. As the head formulator of Genesis Secret’s nutritional products,

Dr. Lindsey touts them as being the best supplements he has ever developed. Finally, he continues to encourage people worldwide by convincing them, “The more you educate yourself, the better you can take care of yourself and your family, for ultimately, you are in charge of your health and welfare...no one else can or will do a better job!”